



If your not into Yoga?

Then stop by for some tea and treats and drop off a donation for the rink.

We need skates, hockey sticks, helmets, warm hats, mitts, and socks. Find out more about the PPRA and how you can help out with the Rink while you enjoy some holiday cheer.



The Plant Pool



Recreation Association (PPRA)
cordially invites you to



YOGALICIOUS



Chocolate Yoga

Saturday December 3rd 2011

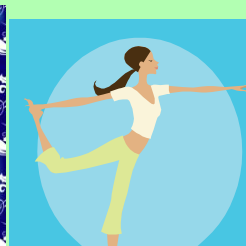
7:00 pm to 11:00 pm

Plant Pool Recreation Centre

930 Somerset Street West

All Proceeds to the Woman Alive Program.

Tickets: \$20 per person. For more information and tickets contact audrib@yahoo.com



This Holiday season celebrate your love of Yoga and your community, by enjoying a Hatha yoga experience while you savor delicious hand-made truffles. Relax and socialize afterward with a soothing cup of homemade hot spice tea and Holiday treats. Choose from two chocolate yoga sessions the 7 pm followed by tea or the 9:00 pm also followed by tea. The cost for each session is \$20. Tax receipts will be provided.

